

# BABY UNIVERSITY



Welcome to the Baby University family! We are so excited to get to know you and your family. To make your transition as easy as possible, we've compiled a list of things to know before your first day.

Before your first day, please take the time to fill out the family profile included in your welcome packet. This will give your child's caregiver a better idea of what to expect. It won't take long to learn your child's quirks and individual personality but we try to keep care as consistent with what happens at home as possible.

Here are a few notes about your first day:

- Please label **ALL** clothing or personal items brought to the center.
- If your child is particularly attached to an item, it might be a good idea to have a designated item that stays at the center. This can help avoid it accidentally being forgotten. (This includes pacifiers.)
- Toddlers & Preschoolers: A sheet will be provided for naptime, you are welcome to bring a pillow, special blanket, or small stuffed animal. We will launder bedding. (This excludes infants sleeping in cribs).
- Infants: Please bring enough prepared bottles for 1 full day, with 1 extra (in case of spillage or an emergency). Bottles are required to be labelled with the date, child's name, and the contents. We will show you this process.
- We get MESSY. Please leave at least 1-2 labeled sets of extra play clothes at the center. Please update accordingly based on size and season. We will launder these as needed. We find children are hard on these clothes, do not send anything you would want returned at the end of the season.

*Spring/Summer:* rain boots, [mud suit](#), [swim shoes](#)/crocs, swimsuit *Fall/Winter:* hats & mittens

(both a lighter and heavy duty pair), one piece snow suit or snow pants, winter boots

- Please bring a family picture to leave at the center. Children enjoy being able to see pictures of their own loved ones and photos of other children's families as well.
- Every family develops their own drop-off routine. We find that short and sweet is often the easiest for the child but we are here to assist you in any way and always allow families to take as much time as they need.
- During your first day, your child's caregiver will check in with you and update you on how your child is doing. You are always welcome to call and check in with staff.
- Daily reports are available via the app. This will include relevant information regarding your child's eating/sleep/and daily activities.
- We have an open door policy. Families are welcome to drop in and visit anytime, we just ask you take into account whether it will be too hard on your child to see you leave again.

Remember, this is a transition for both you and your child. It often takes time to settle into a new routine and you may not see the same eating/sleeping patterns that you see at home. This may change over time. We look forward to partnering with you in caring for your child! We welcome any and all questions or concerns that you may have at any time.

Sincerely, Baby University Staff

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## Family Profile

Child's Name: \_\_\_\_\_

Nickname: \_\_\_\_\_ DOB: \_\_\_\_\_

Parent/Guardian: \_\_\_\_\_

Relationship to child: \_\_\_\_\_

The best way to reach you for *non* -emergencies (setting up meetings, etc):

email  cell  work phone

Parent/Guardian: \_\_\_\_\_

Relationship to child: \_\_\_\_\_

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Are there other children in your family? (Names & Ages):

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Do you have any pets?

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Previous childcare setting:

- home with parents  at another childcare center
- with other relatives  other: \_\_\_\_\_

On daily notes about your child, what are you most interested in hearing about?

- eating  social interactions
- sleeping  daily activities
- diapering  other: \_\_\_\_\_

Does your child have any food intolerances or food restrictions?

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Tell us about your child's favorite:

Food: \_\_\_\_\_

Toy/Item: \_\_\_\_\_

Song: \_\_\_\_\_

Book: \_\_\_\_\_

Inside Activity:

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Outside Activity:

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My child's typical sleep routine is:

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When our child has trouble falling asleep it helps to:

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Our biggest parenting challenge is:

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We are working on/toward:

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Does your child have any “code words” or signals that we should know?

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Do you have family traditions, cultural learning experiences, or special interest or talents you would be willing to share with your child’s class?:

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Three things our *perfect* daycare would have:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

Anything else we should know?

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